



Carols in the Park

Sunday 15th December, Walter Day Park

6.30 pm BBQ sausage sizzle

7.00 pm Carols start

7.30 pm Santa Visits

BYO your best singing voice, a chair or rug and water



Lockhart Shire Council Annual Report 2018/2019

Mayoral Annual Report

I am pleased to be able to report on what has been a very and reflect on the Council's year productive achievements. Council's 2018-19 capital works program variety of infrastructure incorporating projects approximately double the historical average as Council was able to take advantage of grant funding opportunities.

Stage 1 of the flood mitigation works at Lockhart and The Rock were completed with Stage 2 works for both towns scheduled to be undertaken in 2019-20. Prompted by the 2010 and 2012 flood events the works will help protect both towns from similar events in the future and make residents feel much safer

Refurbishment of the Lockhart swimming pool was completed with the official opening taking place on 27th October 2018, exactly 62 years to the day the original pool was opened. The original swimming pool complex had reached the end of its economic life and no longer met operational and safety requirements or community expectations. The new complex will ensure the community has access to clean, safe and accessible swimming facilities for another fifty years. It was very pleasing to observe the community's response to the new complex with patronage more than doubling in the 2018-19 swimming season compared to the previous summer.

A brand new amenities building at The Rock swimming pool complex was officially opened on 16 November 2018 incorporating a community gym. As at 30 June 2019 construction of the new swimming pools at The Rock was proceeding and a similar community response is anticipated now that the new pools are officially opened in time for the 2019-20 summer season.

The Council has also been active in developing tourism products that help attract visitors to our Shire. The Lockhart Walk of Fame and Water Tower mural were officially opened on 12 October 2018. The Greens Gunyah Museum officially opened the Tim Fischer Gallery in May 2019, displaying memorabilia generously donated by Tim from his many years in public life, and the Museum continues to attract increasing numbers of visitors. Planning continued for The Rock Regional Observatory and this also promises to be a unique and significant regional attraction and educational facility.

In addition to the tourism product being developed Council has also undertaken a number of other initiatives in 2018-19 to support our businesses. These included:

 Council, in conjunction with the Lockhart and The Rock Progress Associations holding the "Business Excellence Awards" Dinner where

Lockhart Shire Council Annual Report 2018/2019

Mayoral Annual Report

businesses from throughout the Shire were recognised and acknowledged.

- Participating in the NSW Government's Easy to do Business program
 which provides new businesses, with a single point of contact within
 Service NSW who will help them navigate all the required approvals to
 operate the business across the three levels of government.
- Launching the Start Your Business Here initiative which uses a set of simple questions to determine what rules and regulations apply to a particular business. It provides a printed list of the rules and regulations and, wherever possible, the program links to a copy of the regulation or licence application.
- Updating the Business Directory which is a one-stop shop for contact details for businesses in Lockhart, The Rock and surrounding villages.

We can't forget that we are predominantly an agricultural Shire and major grain growing area and consecutive seasons of below average rainfall has proved very challenging for our farmers.

To facilitate the more efficient movement of freight Council is undertaking the upgrade of a number of bridges and culverts in the Shire to allow for higher mass limit vehicles as well as the widening and rehabilitation of the Lockhart to Urana Road. We were also successful in gaining funding for tree lopping throughout the Shire to allow higher and wider vehicles to travel with less obstructions on our roads.

I would like to thank councillors and staff for their dedication, hard work and support in helping deliver the positive outcomes for the community.

Whilst I have taken the opportunity to highlight some of Council's more significant achievements in 2018-19, I also understand and appreciate that there is a limit to what councils can achieve and that a community's wellbeing is largely due to the voluntary contribution made by its members. I never let myself forget the wonderful work done by our many volunteers, section 355 management committees, service clubs, sporting clubs, progress associations and other community based organisations. It is no wonder that a Bond University study released in 2018-19 found that, based on the ratio of volunteers, Lockhart Shire is the 'happiest' and 'kindest' place in NSW ,

I am proud to be Mayor of such a resilient community.

Cr Rodger Schirmer Mayor

Council Snippets 18 November 2019

ENGINEERING REPORT

Works Report: Grading of unsealed roads has continued in accordance with the 12-month programme. Heavy patching on Urana Lockhart Road is progressing as planned and shoulder widening will commence shortly thereafter. All culverts have been delivered for the Flood Detour Rd upgrade with installation scheduled to commence in November 2019. Traffic delays are anticipated on all construction jobs once commenced.

Rocky Point Quarries have completed crushing in Thomo's Mine, The Rock and have now moved onto Gooden's Mine where they are expected to finish mid-December.

Concrete crew is continuing with the last stage of the HML bridges project being the triple culvert system on Henty Pleasant Hills Road. It is anticipated that the project will be completed by mid-November 2019. Once completed the crew will then undertake culvert works as part of the Flood Detour Road upgrade. This will then be followed by causeway replacement on Lockhart-The Rock Road and Bullenbung Road, then major culvert replacement on Grubben Road. All culverts have been ordered and deliveries to site have commenced.

The Road Safety Officer is continuing with the safety audit of all roads within the Shire. The audit will form the basis of Council's Strategic Road Safety Plan and will be used for grant applications in the future. The Road Safety officer has also been assisting Council with the completion and lodgement of grant applications under the "Fixing Country Roads" and Fixing Local Roads" grant programs.

MAJOR PROJECTS UPDATE

Council is currently undertaking a number of major projects and the status of each of these is as follows:

- a) Swimming Pools Upgrade: The Rock pool upgrade works have been completed. The opening was held Saturday 26 October 2019. Reports from pool operator Sally are very positive with good numbers of people attending. The water temperature is 6 degrees warmer than the same time last year.
- b) Demolition of Voluntary Purchase Properties: Council has been successful with its grant application to continue the Voluntary Purchase of properties in Lockhart for the next three years, commencing 1 July 2019. Council has secured another property and have signed contracts for the purchase. Demolition works will occur in early 2020.
- c) Flood Mitigation Construction-Lockhart: Council has been successful with the grant application for Stage 2 flood mitigation works in Lockhart, being the drainage system east of the Industrial Park. Council has engaged Mitchell Constructions (NSW) P/L to undertake the project, who have now completed the main drain component of the project. The installation of the new culverts on the Albury Road have been completed. The contractor has commenced the installation of the new culverts on The Rock-Lockhart Road. Staff are continuing to work with John Holland Rail regarding finalising the approval for the culverts under the branch line, along with the culverts as part of the Flood Detour Road upgrade. Due to the current time frame the rail culverts are now scheduled to be completed January-February 2020.
- d) Flood Mitigation Construction-The Rock: Council has been notified that the grant application has been approved for Stage 2 flood mitigation works at The Rock, being the drainage works along Nicholas, Yerong and Urana Streets. Council are required to submit a work plan to the funding body, and this is currently being drafted by Council's Project Officer.

Council Snippets 18 November 2019

PARKS AND GARDENS REPORT

Swimming Pools

Swimming season is here and both our sparkling new pools are open. A great team effort by all sections of Council and contractors alike has seen the completion of the wonderful new complex at The Rock. We're sure this already popular complex will have a boom season with the addition of the playground, BBQ, basketball hoop and fresh new turf and gardens and are hoping for a repeat of Lockhart's record attendance figures.

Tammy Lenon and Sally Hunter are back for the 2019-20 season and will coordinate lifeguard duties, conduct regular vacuuming and water testing and attended to the amenities buildings, gardens and lawns until March. Council staff will continue to assist the contractors where necessary.

Requests to open the Lockhart pool a few days early due to temperatures in the high 30's were able to be accommodated due to the readiness of the complex and Tammy's willingness. Thank you Tammy.

Inclusive Playground - The Rock Recreation Ground

Council has been successful in gaining \$75,000 from the NSW Government's 'Everyone Can Play' grant, with Council also contributing \$75,000 to the project. The playspace has been designed and approved for the grant funding body. The location, set near the netball courts at the existing entrance to the Recreation Ground, has been prepped and levelled, and a new entrance is being constructed to the east as part of the swimming pool upgrade works along Wilson Street. Quotes have been assessed and a purchase order raised for the playground equipment. Council will work with the chosen provider on the final design details. Installation of the equipment is scheduled for January 2020.

Trees

Watering of street trees planted in the last two years has recommenced.

Mowing and Slashing

The summer mowing schedule has begun with mowing of all areas being planned before Christmas and being mindful of extreme weather conditions. Fortnightly mowing and edging will be scheduled for most irrigated areas during the growth season.

Weed Control

Regular weed control is being conducted on Council property including hand spraying and weeding of gardens.

Parks and Gardens

Irrigation systems are being checked and adjusted. Running times will be increased as weather warms up. Routine garden maintenance is being conducted including regular weeding, spraying, pruning and mulching.

General maintenance

Regular duties include inspections of parks and public facilities to remove litter, clean BBQ's, check for damage or vandalism, clear footpaths and empty public and roadside bins. Most areas undergo inspections twice per week, including Galore Hill, where crews also clean and check the toilet facilities. Contract cleaners attend to the public toilet facilities in Lockhart, The Rock and Yerong Creek. Playgrounds in the Shire are being inspected regularly as per Australian Standards, with any maintenance being noted and completed as necessary.

Council Snippets 18 November 2019

WEEDS

Property Inspections

Inspections were carried out on both rural and residential properties, which were selected due to a change of ownership, or to assess the implementation of control measures.

The weeds most commonly found were Bridal creeper (*Asparagus asparagoides*), Horehound (*Marrubium vulgare*), Asparagus weed (*Asparagus* sp.), Cape broom (*Genista monspessulana*), Privet (*Ligustrum* sp.), Sweet briar (*Rosa rubiginosa*), Wild radish (*Raphanus raphanistrum*), Prickly pear (*Opuntia* sp.), Giant reed (*Arundo donax*) and St John's wort (*Hypericum perforatum*).

Control Program

Priority has been given to the control of Coolatai grass (*Hyparrhenia hirta*), St John's wort (Hypericum perforatum), and Horehound (*Marrubium vulgare*) on roadside reserves.

NSW Weeds Action Program Guidelines 2020-2025

On 16 October, the NSW Department of Primary Industries released the final draft of the NSW Weeds Action Program (WAP) Guidelines 2020-2025. Comments were able to be submitted by 30 October. These guidelines and comments will be on the agenda for the Regional Weed Coordination meeting in Sydney on 12 and 13 November.

Silverleaf Nightshade Weed Round Up Event

Council's spray operator attended the Silverleaf Nightshade Weed Round Up Event at Morundah on 14 October. The event was hosted by Murrumbidgee Landcare, and the presentor was Dr Hanwen Wu, who is a Principal Research Scientist in the Weed Research Unit of NSW Department of Primary Industries and the co-author of the Silverleaf nightshade best practice management manual.

SOS Riverina Valleys Spray Drift Workshop

Council's spray operator attended the SOS (Stop Off-target Spraying) Riverina Valleys Spray Drift Workshop on 29 October at Hanwood. The workshop included technical updates on preventing spray drift and practical demonstrations of spray qualities and tips for setting up boom sprays.

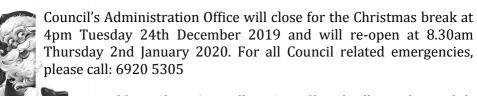
PESTS

Common White Snail Baiting Program

Snail baiting application occurred on Fairview Lane on 24 October. Herbicide application occurred on 29 October.

Spring Fox Baiting Program

Fox baiting commenced on 16 October on the Galore Hill Scenic Reserve and Kincaids Reserve. Replacements of baits continued through until the end of October.



Lockhart Shire Councillors & staff wish all members of the community a Merry Christmas & a Safe & Happy New Year



National Asbestos Awareness Week (25 November - 1 December 2019)

Asbestos could be lurking in your bathroom, kitchen or other unexpected places in your home - this is the message to do-it-yourself renovators with at least one in three Australian homes likely to contain this dangerous product. Before its ban in 2003, asbestos was used in more than 3,000 common building materials.

You might also be surprised to know that Australia has one of the highest rates of asbestos-related disease in the world, and that DIY renovators and some tradies are among those most at risk for asbestos exposure. What's more, there is no known safe minimum level of exposure.

Monday 25 November kicks off Asbestos Awareness Week, so now is the time to find out how to keep you and your family safe around asbestos.

Products around the home that might contain asbestos include:

- Roofs, eaves, downpipes and insulation
- Interior walls (often with a non-asbestos covering on the outside)
- Kitchen splashbacks
- Under lino, some carpets, and tiles (and the cement compounds used to affix tiles)
- Lagging around pipes, inside fuse boxes or as part of ventilation shafts
- Fences, garden sheds and small outdoor construction like chicken coops
- As part of bonded cement compounds that make up walls –disturbed when you sand
- for painting

You can't detect asbestos just by looking at it —as some companies manufactured identical-looking products after the asbestos ban in 2003.

If you're renovating your own home, built prior to 1990, you need to be especially careful. Start by visiting asbestos.nsw.gov.au for more info. You can use the Asbestos Finder to know more about the materials in your home. And if you need, ask a licenced asbestos assessor to inspect your home.

If you're worried about asbestos in your workplace, your first port of call should be your employer or health and safety representative, and then to SafeWork NSW.

Workers in the building and constructions trades, vehicle trades and manufacturing, as well as plumbers and electricians, are especially at risk of potentially encountering asbestos.

So know the risks and know the facts. Always take precautions and if you suspect a product might contain asbestos, don't work with it – seek the help of a trained professional to assist. For more info visit asbestos.nsw.gov.au





INSTALLATION OF SHIPPING CONTAINERS

Recently a number of questions have been asked about the installation of shipping containers, and whether or not a Council consent is required for them.

In February 2009 the NSW Department of Planning, introduced the State Environmental Planning Policy (Exempt and Complying Development Codes) 2008 (commonly referred to as the Code SEPP).

Subdivision 9 of the Code SEPP lists cabanas, cubby houses, ferneries, garden sheds, gazebos and greenhouses as exempt under certain circumstances, except that any such building must "...not be a shipping container...". The NSW Department of Planning has confirmed in conversation that the exclusion is deliberate and was incorporated at the request of NSW Councils during the preparation of Code SEPP.

In conclusion, the Code SEPP prevents Council from exempting the installation of shipping containers in residential areas. **So what does this mean?**

Containers may only be installed with the prior consent of Council. This is a simple and effective method of ensuring that the all relevant planning considerations are addressed, and appropriate decisions made.

As the developer, you will be required to:

- 1. Lodge a Development Application and Statement of Environmental effects
- 2. Submit a site plan, slowing size and location of shipping container on your land

Note: A development application fee applies, currently \$110.

In assessing your application, Council will require:

- 1. Notification by Council to adjacent property owners
- 2. The container to be installed plumb and true, installed on concrete blocks (or similar)
- 3. The container to be painted
- 4. The container to comply with Council's Building line setback policy
- 5. Any other conditions to be imposed that may be considered reasonable.

If you need any further information please contact the Planning team at Council on 6920 5305.

The Rock's Ian Weily wins 'Services to Golf in NSW' Award in Sydney

lan Weily was nominated by The Rock Golf Club for the 2019 NSW Golf Industry Awards. Ian is a Life Member in his 45th year as Honorary Treasurer and is still heavily involved in running the Club at age 83. Besides using his financial management skills when building The Rock Golf Clubhouse and 'tighten the purse strings' to keep the Club financially viable for over four decades, Ian has gone above and beyond with volunteering at Golf days and doing maintenance jobs around the course. Ian's knowledge was invaluable in preparing the Centenary book and he was Chairman of the Centenary Committee in 2014 when The Rock Golf Club celebrated its 100th year of operation.

He achieved the accolade of **Golf NSW Volunteer of the month** in July, and received the following email in September notifying him that he was in the top 4 finalists for the **Services to Golf in NSW** Award.

"Dear lan,

The Services to Golf in NSW Award will be presented to a person who has contributed the most to the development of Golf in NSW over a significant period of time – in a paid or

voluntary capacity. Your incredible service to The Rock Golf Club over the past 45 years has been recognised for the award. Your involvement has been inspirational, and Golf NSW is delighted to confirm, that you have been selected as a finalist for the Services to Golf in NSW Award. The award winner will be

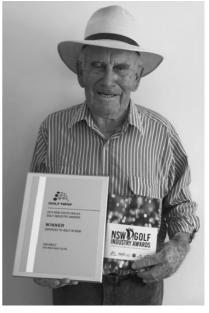
announced on Monday 21st October at the NSW Golf Industry Awards. On behalf of the Board of Directors and Staff at Golf NSW, congratulations and thank you for your contribution to our sport. We look forward to meeting you on the night!"

Wynter Hines *Executive Assistant Golf NSW

The other 3 finalists were from clubs at Wyong on the Central Coast, and Woolaware and The Australian Golf Club in Sydney.

The awards were held in the prestigious Curzon Hall, Marsfield on Monday, October 21. Unfortunately, Ian was unable to attend, but The Rock Golf Club President John Jarick accepted the award on Ian's behalf. Club Secretary/Handicapper David Gibbs and Ladies President Carol Magrath, along with life member Frank Mazzocchi and their partners were present for the occasion. A highlight was spotting former golf professional Jack Newton OAM among the 300 guests.







Next Council Meeting Monday 16 December 2019



Notice is given that Council's Meeting for December will be held in the Council Chambers, Green Street, Lockhart, commencing at 5.00pm. Members of the community are most welcome to attend.

Newsletter Deadline

All articles for the next Newsletter need to be received no later that 4pm on:

Friday 13 December 2019

Placement of articles is subject to available space.

Ph: (02) 6920 5305 Fax: (02) 6920 5247

or mail@lockhart.nsw.gov.au



Rates Information



If paying by instalments, your next instalment is due by:

30th November 2019

Overdue Rates are subject to daily interest in accordance with the provisions of The Local Government Act, 1993 at the interest rate approved by the Minister for Local Government. Currently, interest is set at 7.5% pa. Failure to contact Council regarding overdue Rates may result in additional and unnecessary recovery costs which will be added to your account.

DRIVER TESTING

The next Service NSW driver testing at Council's Administration office is will be February 2020.

In order to make a booking for your driving test please call 13 77 88.



Lockhart Caravan Park



If you know someone looking for just the right place to set up camp with a tent or caravan, or looking to hire an on -site van, then Lockhart Caravan Park is just the place.

Situated in Green Street, the caravan park is just 100 metres from the shopping area and within easy walking distance to all facilities.

There are 21 sites, three unpowered and eighteen powered sites.

Three Cabins which can accommodate up to 8 people are also available.

A modern camp kitchen is available as well as showers, toilets and a peaceful location.

Contact the Manager on 0458 205 303 for bookings.



MOBILE LIBRARY TIMETABLE

December

Lockhart

3rd, 10th & 17th

9am - 12.30pm

Milbrulong

12th

9am - 10am

Pleasant Hills

9th

1.15pm - 2.30pm

Yerong Creek

11th

3pm - 4pm

The Rock

12th

10.30am - 12.00pm

Now stopping directly across from Emily Gardens Aged Care, Emily Street

www.rrl.nsw.gov.au

Lockhart Senior Citizen's December Events All activities and meeting are held at the Lockhart Ex-Servicemen's Club

1st Monday, 1.30pm - Cards,
Afternoon tea supplied
2nd Monday, 1.30pm - Meeting & Bingo, a plate
please

3rd Sunday, 11.30am - BBQ, a salad please 3rd Monday 1.30pm - Cards. Afternoon tea supplied 4th Monday 1.30pm - Bingo, s Afternoon tea supplied

Lockhart Senior's News

21 Members attended the November meeting. Apologies, birthdays and minutes were given. The Seniors Xmas party will commence at 12pm on 8th December. All members to have their names in by the 1st December please. Our last meeting of the year is to be held on the 9th of December. All members to bring a small present to the price of \$5 and a plate please. Also, our last BBQ of the year will be on the 17th November. All members are welcome.

Marg Mildren, Secretary

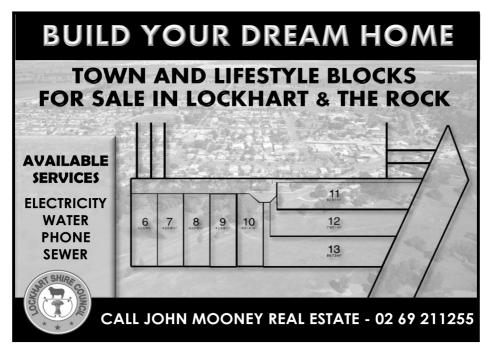
The Rock



Community Gym
Open between
5:00am to 10:00pm
Various Machines &
Equipment, PT Classes
are available

therockgym6@gmail.com ~

Petrina - 0408 264 729





Find information on local businesses in and around Lockhart, The Rock, Pleasant Hills and Yerong Creek quickly and easily at

lockhartshirebusinessdirectory.com.au

Youth Officer News

Girls Night In

On the 18 October students from Lockhart Central enjoyed a beautiful Girls Night In, celebrating what makes them amazing! The Mindful Warrior ran through some relaxation and mindfulness exercises that allowed them to understand and enjoy what makes each one of us special and unique. Such powerful tools were learnt in such a fun and enjoyable night.

CASP Grant

The students from The Rock Central and Lockhart Central Schools have been working hard on the Country Arts Support Program in which they are showcasing some amazing members of their community that have helped the youth feel special, welcome and listened to throughout the years. The students have now written their stories and worked with a graphic designer to create the layout and design of the E-Book. We can't wait to see the final product – watch this space!

End of Year Pool Party

The end of the year is so close and to celebrate the students from both Lockhart and The Rock Central will enjoy a Pool Party held at The Lockhart Pool. The Students will spend the day playing on the pool inflatable, enjoying music, testing their skills at some classic pool games as well as some intriguing 'Minute to Win It' style challenges, and of course relaxing and winding down into the final weeks of term before the summer holidays.

Find your next read with Riverina Regional Library

Now that your HSC exams are over or very soon to be, it's now time to relax, and how better to relax than with a good book! The Riverina Regional Library website provides you with plenty of tips on how to pick your next great read. Tips and links like —

- ways to ask your favourite author what their favourite book is,
- ways to watch the book trailers and read the reviews, and
- portals to access sneak peaks of the books before you make your choice.

Jump online and have a look now! (or after you have finished studying of course)



GINGERBREAD HOUSE DECORATING

Lockhart Presbyterian Church

Womens Event Ages: 16 yrs +

Saturday 7th December 2019 @ 7pm.

Cost: \$30 for Gingerbread house
\$25 for Christmas tree

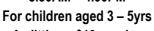


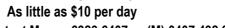
RSVP Joan Douglas by 31st Nov ph 0427 207 464



PLEASANT HILLS PRESCHOOL

Open Tuesday & Wednesday 8.30AM – 4.00PM





For more info contact Megan 6929 6407 or (M) 0407 492 062 Email: phpreschool@gmail.com

St Aidan's Anglican Church Hall, Lockhart

HALL HIRE RATES	PRICE
Hire of the Hall for half a day	\$50
Hire of the Hall for full day	\$75

Contact Jan Pietsch

Ph: 0447 296 494

Email: janrylah40@gmail.com

HIRE OF ITEMS USED AWAY FROM THE HALL	PRICE
Hire of trestles	\$10 ea
Hire of steel chairs	\$2 ea
Hire of 12 steel chairs	\$20
Hire of crockery	\$20
Hire of cutlery	\$20

Claiming the Date

The Rock Progress Deb Ball 2020, Friday 27th March, 2020, The Ball will be held at The Rock Memorial Bowling Club 7pm. Tickets \$40.00pp





Changing the Face of Men's Health

The Rock Rural Fire Brigade & The Rock SES have joined together in the fight to promote Men's Health

Our big "Shave Day " is on the 7th of December
At The Rock Fire Shed / SES Shed
starting from 11:00am, Urana Street
Activities for the kids, BBQ available

For more information on how to donate head to our Facebook pages or call Petrina on 0408 264 729



Lockhart Preschool Kindergarten Inc.

Open Wednesday, Thursday & Friday

8am - 3.30pm

Expressions of interest now open for 2019 and 2020

Phone Kerri 69 205 156 or email

director@lockhartpreschool.com.au



Lockhart Playgroup

For all children from birth – 5 years and all carers parents & grandparents
Enjoy a coffee and morning tea while the kids play in a safe and secure environment.
Also a great opportunity for the children to become familiar with the preschool surrounds.

When: Every Tuesday during the school term Where: Lockhart Preschool, Day Street Time: 9am – 11am

Cost: \$20 annual fee per family BSB: 633-000 A/C # 159 006 238 A/C name: Lockhart Playgroup

For more information contact Rachel Day 0429 741 226 or Erin Schirmer 0429 873 246

School News

The Rock Central School, Chords Festival

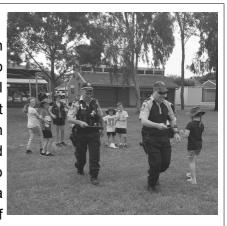
"Chords" Choir and Dance Festival has come to a close after a year of hard work, dedication and lots of laughs. For the first time in years, The Rock Central School has had singers and a dancer, perform in the prestigious event. Thank you to all the families and students for being supportive throughout the journey. I could not have been more proud of our girls! We are looking forward to the



2021 Chords Festival! Miss Jodi Easley—Chords Co-ordinator

Lockhart Central School, B U Day

The main focus of the day was the promotion of Mental Health, which is helping people to take control of and to improve their overall health. Mental health promotion is about making sure that there are mental health services available in our community and making sure that everyone knows how to access these. It is also about being a community that embraces and is inclusive of people with mental health needs.





Prevention is also an important value in the promotion of mental health. Prevention of mental illness involves community education about how to recognise mental health needs. It's about listening to your friends and knowing that they may be sad and asking them if they are ok? It's about checking up on community members who may live by themselves and seeing if they

School News

are ok? We can all play a part in physical the and promoting mental friends, wellbeing our family and community members. We can all ask the question Are you ok? And if you don't know how to help someone who isn't ok, then tell someone who you know can. We need to talk about mental health like we talk about the weather. It's natural, it's



part of us and it's part of our lives. The more we talk about it and the more we have the conversations, then hopefully the stigma and the barriers will start to come down.

A huge thank you to all the amazing students from all the schools for their participation, enthusiasm, beautiful manners and sportsmanship. My memories will be of them smiling and laughing whilst enjoying the activities. I would like to extend my appreciation to everyone who played a role in helping me to create an enjoyable and inclusive Mental Health Awareness Day on Friday, 25th of October at Lockhart Central School.

Megan McKenzie

Red Cross Lockhart Branch News

The Op-shop has just received a range of New clothes from a Melbourne retailer. They are on display in the shop now. The original prices are still on the items and they are outrageously expensive! We sell them for about \$10. There are great jeans with bling, or without, lovely tops, jackets etc. Most are in sizes 8-14.

We are planning our Christmas lunch, date to be announced soon. Hard to find a date that doesn't clash with another party. We will also be doing a Christmas Hamper raffle.

We have had 2 new members join our team of volunteers, which is great and much needed.

Saturday opening 10-3 is still an ongoing event for now, while we have volunteers to work.

Our shop repairs are a work in progress, or they will be if we can get them started! It won't happen overnight, but it will happen. One part of the quotes is to line and insulate the back-room ceiling which now, is only a corrugated tin roof.

Brookong Nook CRAFT SHOP

Stocking homemade local wares, jams, pickles, relishes, butters, local honey, eggs, olive oil & goat soap. Mouth watering, home baked apple or apricot pies, small tarts, biscuits, slices and mixed fruit cakes. A large array of handcrafted knitted and sewn items. Great place for that special gift at reasonable prices



Kengal Krafters Inc

The Rock Craft Shop CWA Rooms, 128 Urana St, The Rock Open Wednesday to Sunday 10am to 2pm

Selling a large variety of locally made items including: Free range eggs, jams, relish, pickles, baked goods, hand painted gifts, baby wear, children's' clothing, toys, quilting and patchwork, knitted and crochet items, kitchen and bathroom accessories, ladies bags, jewellery, scarves, aboriginal artwork.

Our association was formed to provide opportunities for crafters within the Riverina area to connect with others, grow their home based businesses and promote hand made local products. If you would like to become a member, applications forms are available from the Craft Shop. All welcome. Call Joy Schultz 0428566902, Wendy Flory 0429637313 or Chris Makeham 0448570227

LOCKHART MEMORIAL HALL HALL HIRE

FULL DAY \$200.00 HALF DAY \$115.00

NIGHT \$200.00

ALSO AVAILABLE FOR HIRE:

ALSO AVAILABLE FOR HIRE: Tables & Chairs

Please contact Lockhart Shire Council Phone: (02) 6920 5305

THE ROCK TOWN HALL & MUSEUM AVAILABLE FOR HIRE

Use our history display panels as a talking point for your next function

FULL DAY \$200.00

HALF DAY \$100.00

Some or all of the exhibits may be removed on request.

For information contact:

Nancy Smith (Secretary) 0427692020

https://www.facebook./ TheRockHallMuseum/



Local Church Services

CATHOLIC CHURCH NOTICE

Lockhart, Urana & Oaklands

Lockhart: 6:00pm 1st, 3rd & 5th Saturdays

8:00am 2nd & 4th Sundays

Urana: 6:00pm 2nd & 4th Saturdays

8:00am 1st, 3rd & 5th Sundays

Oaklands: 10:00am 1st, 3rd & 5th Sundays

For further information contact Father Henry on 6920 5446

Lockhart Uniting Church Services

December

1st, 9am Lockhart

8th 9am Lockhart,

15th Carol Service

22nd, No morning service, but a combined Churches carol Service at 6.30 Everyone welcome, & bring a plate of supper.

25th 9am Christmas Day

29th, 9am no service, join with the Anglicans

If there are any pastoral concerns, please contact Larraine Hoffmann on 0427 204 051 or Dorothy Creek on 0427 207 233

St John's Presbyterian Church

Cnr Hebden & Day St, Lockhart 1st and 3rd Sundays - 6pm 2nd, 4th and 5th Sundays - 8.45am Rev Craig Nicholas 6929 3129 www.hentylockhartpresy.org.au

Bethlehem Lutheran Church Milbrulong

2nd Sunday of the month - 9am
Lay Reading with Sunday School
4th Sunday - 9am with Pastor Stuart Kleinig
Holy Communion & Morning Tea
Phone 02-69206226 with enquiries

ANGLICAN CHURCH OF AUSTRALIA

Diocese of Riverina Parish of Lockhart

St Aidan's Lockhart

Cnr Day & Drummond Streets Lockhart

Worship Sundays 9.00am

St Philip's Urana

Princess Street, Urana

4th Sunday of the month 10.00am

St Oswald's Boree Creek

Baptisms, Marriages, Funerals & other activities by arrangement

Enquiries: Rev Nola Cox 0429 028 274

Diocesan website: www.anglicanriverina.com/

St Peters Anglican Church The Rock

Communion 1st Sunday each month at 9.30am Enquiries:

Rev Jocelyn Heazlewood 0427 198 513 Mrs M Vennell 6920 1067

St Mary's Parish, The Rock

Sunday 10.00am - The Rock.
1st & 3rd Sunday, 8.30am - Mangoplah
2nd & 4th Sunday, 8.30am - Yerong Creek

Enquiries: Fr Damian Jellett 6920 2017

The Rock Uniting Church

Ford Street, The Rock 2ND SUNDAY – 9.30AM All Welcome

CONTACT: Barbara Weily (O2) 6920 2024

Christian Radio in Lockhart 87.6

Tune every day



Our Services delivery areas encompass the Lockhart & Federation Shires. For further classification of service provision in what areas and for any queries please contact Lockhart on 02 6920 4162

The following services Valmar Support Services

•	Home Care Package Provider
•	Individual & Group Social Support
•	Home Modifications
•	Meals on Wheels
•	Domestic Assistance
*	Community Transport
*	Personal Care
•	Flexible Respite
•	Craft Group- 10am-12pm
•	Day Club- Tuesdays 10am-3pm
•	Home Maintenance
•	Brokered Services NDIS

offer are:

We also offer a Weekly Bus Service to Wagga each Wednesday.

Social bus Trips each Friday.

Contact 02 6920 4162



The Rock & District Meals on Wheels Association Inc.

Help support your local Meals on Wheels Service

Everyone can assist us, just by having a conversation with a neighbour living alone, parents or grandparents or with the person with time on their hands. We offer freshly cooked hot meals daily, an extensive frozen meal menu, prepared locally in Wagga, centre based meals twice a week as well as outings, entertainment and various activities to people over 65.

Social club operates every Tuesday and Thursday from 10 am till 3pm at the Rock Memorial Bowling Club

For further details please contact Vicky 6920 2500

Tai Chi Classes are held each Monday morning at Lockhart Uniting Church Hall at 9am. These classes will take a break from 17th December unil 21st January. For further information please contact Larraine Hoffmann on 0427204051.

Health & Associated Services



Do you need a Community Health Service?

You can now access Community
Health Services such as:

- · Community Nurse
- Child and Family Health Nurse
- Generalist Counsellor
- Occupational Therapist
- Dietitian
- Physiotherapist
- · Speech Pathologist
- Palliative Care Nurse
- Diabetes Educator
- · Chronic Care

By calling one number the health professional on the end of the line will help you access the service you need.

Call 1800 654 324 (1800 MLHD CH)



Murrumbidgee Primary Health Network provides a counselling service on the 2nd and 4th Tuesday of each month at the Lockhart Hospital. Referrals are required, please call Lockhart Medical Practice to arrange your referral.69205249

Australian Unity Home Care Service

HCP Packages NDIS Service

- Domestic Assistance
- Personal Care
- Respite Service
- Social Support
- Brokered Service

Call 1300 296 835

X-RAY SERVICE

X-ray services are available every second Friday at Lockhart & District Hospital. A referral from the doctor is required.

For appointments phone 6930 7100

OPTOMETRIST

Russell and Chalker Eyecare Plus visit Lockhart regularly for comprehensive consultations including glaucoma testing, cataract assessments, macular degeneration.

Adults and children's assessments, and Veteran's Affairs patients welcome. Spectacle frames available.

For Appointments Phone: (02) 6921 8833.

Lockhart Hospital Auxiliary will hold its Christmas meeting on Friday 13th 2pm. Everyone December at welcome bring and а plate for afternoon tea. Once again we are combining with the MPS Staff to run a Christmas Hamper Raffle with several prizes and we appreciate the local community and the support that they give us.

THE ROCK & DISTRICT MENS SHED

Ford Street THE ROCK 2655
THE ROCK & DISTRICT MEN'S SHED
MEETS EVERY WEDNESDAY
FROM 8.30AM TO APPROX 3PM
\$6 INCLUDES MORNING TEA & LUNCH
BRING YOUR OWN PROJECTS AND IDEAS

OR JUST JOIN IN THE CONVERSATIONS

COME AND JOIN US

CONTACT NUMBERS

Bob President 0428 695 913 Chris Secretary 0404 914088



THE ROCK COMMUNITY EXERCISE CLASSES!!!!

MONDAY ARVO AT 3PM AT EMILY GARDENS

The proven benefits of gentle exercise for all people include:

- Increased balance
- ♦ Increased strength
- Increased flexibility
- Increased fitness

These classes are for all ages and very affordable.

ALL WELCOME, COME ALONG WHENEVER POSSIBLE.

Contact: Nancy Smith

0427 692 020

6920 2034

OR Jeanie 0438 202 468





The Rock & District Playgroup

Meets every Friday during the school term 10am - 12pm

The Rock Seventh Day Adventist Church Hall

Corner of Urana & Mixner Street, The Rock

For all children from birth - 5yrs and all carers, mums, dads and grandparents

Join us for morning tea & a play in a beautiful space.

For more information contact Playgroup NSW on 1800 171 882 or join our Facebook group—The Rock Playgroup, to be put in touch with one of our committee members.



Open Monday – Friday 8am-3:30pm 95 King Street The Rock

Phone 69202455 or

email therockps@gmail.com

Friday is now open to children attending school in the following year only. It creates a smooth transition to school process for the children.

The Rock Op-Shop
Open

Sat/Sun 10am - 2pm

Mon/Tues 11.30am - 3.30pm

Wed - Fri, 10am - 4pm

Mon/Tues \$5 a bag days

Contact Lynly Boyle

6920 1522



COMMUNITY Scheme (CVS)

Riverina Community College has been a part of the Community Visitors Scheme for more than 20 years.



Would you like a Volunteer Community Visitor?

The Community Visitors Scheme program is designed to add to your quality of life, enhancing your existing social support at no cost.

Having a community visitor can increase your self-esteem and your general wellbeing.

Together with your community visitor you could sit and chat, work on a hobby together, or discuss the local news.

Your community visitor will be matched to you and may have similar background or life experiences and may visit for up to one hour a week.

The community visitor has undertaken volunteer training and National Criminal History checks to ensure their suitability.

The Community Visitors Program is an Australian Government Initiative.

If you would like a community visitor, please call the Riverina Community College on (02) 69 33 55 55



An Australian Government Initiative



Riverina Community College Ltd. RTO Code: 90133 NDIS Provider No: 4050015744

Council Waste Disposal Centres Opening Hours

	Each TUESDAY	Each WEDNESDAY	SUNDAYS IN DEC/JAN (1st, 15th, 29th & Jan,12th)
Lockhart		8.30am - 10.30am	8.30am - 11.30am
The Rock		1.00pm - 3.00pm	1.00pm - 4.00pm
Yerong Creek	1.30pm - 3.30pm		
Pleasant Hills	10am - 12pm		



Lockhart Lions Club Recycling

Location: Next to Uncle Toby's Shed on the northern side of railway line. Entry from Brookong Street.

Opening Times: Daylight Hours, Seven days a week

Items Received: Paper/Magazines, Books (including. phone books), Cardboard, Aluminium cans, Plastic bottles (rinsed) and any type of motor vehicle batteries (truck, car, tractor etc).

UNFORTUNATELY, WE ARE NO LONGER ABLE TO ACCEPT PLASTIC WRAP OR PLASTIC BAGS Unacceptable Items:

Wax-coated cartons, Polystyrene, Light bulbs, Fluorescent tubes, Window glass, Heat-treated glass, Steel cans or drums and plastic bags or wrap.

To make our job easier , please use receptacles provided.

Thank you for supporting the Lions Club

COMMUNITY RECYCLING CENTRE

Strapped for cash? Looking to tidy up your garage or shed?

There is a wide range of items that you can take to the Lockhart Community Recycling Centre (CRC) for free! Motor oil, paint, televisions and computers, batteries and old fire extinguishers & green waste are all accepted free of charge at the Lockhart CRC.

You can also drop off unwanted items that are too good to throw away, by delivering them to the Lockhart Re-use Shop, during normal tip opening hours.

For more information on waste and recycling in the Shire, visit our webpage at http://www.lockhart.nsw.gov.au

Please Note, Change to Waste Collections for the Christmas Period

- All general waste be moved to the Tuesday 24th December 2019.
- No services provided Christmas Day, Wednesday 25th December 2019.
- The Rock recycling performed as usual Thursday 26th December 2019.
- Wednesday 1st January 2020 and Thursday 2nd January 2020 services to remain on these days.

SILVERLEAF NIGHTSHADE



SOLANUM ELAEAGNIFOLIUM

Other common names: White horse nettle, Tomato weed, White nightshade, Bull-nettle, Prairie-berry, Stansbos, Silver-leaf Bitter-apple, Silver-leaf nettle, Trompillo, Silver nightshade, and Silver-leaved nightshade.

Description: A deep rooted summer-growing perennial plant from the tomato family Solanaceae, native of North and South America. It is an erect, perennial, bushy plant growing 30 to 100 cm high. Seedlings emerge at any time from late spring until autumn, depending on rainfall. Stems are erect, branched, densely covered in fine hairs and with numerous slender orange prickles.

Leaves: Silvery white underside due to dense cover of minute white hairs, alternate, 5-10cm long and 1-2cm wide. Leaf margins are often scalloped, and often with orange prickles on the veins.

Flowers: Usually purple to violet, occasionally white, 2.5-4cm wide, with five pointed petals, and five yellow antlers which are 7-9 mm long. Flowers from November to April.

Seed/Fruit: The fruit is a smooth globular berry about 6-12mm in diameter. Initially green with dark striations, changing to yellow and orange mottled and becoming wrinkled when ripe. Seed is spread by birds, water, and livestock, particularly sheep.

Root: Deep, much branched, vertical and horizontal roots, bearing buds which produce new aerial growth each year.

Toxicity: Stock poisoning from alkaloids contained in the silverleaf nightshade has occurred, but this is uncommon. Only moderately palatable to stock although it is toxic to eaten. Ripe fruit are the most poisonous part of the plant. Symptoms include profuse diarrhoea and profound nervous depression. There can be significant weight loss and eventually death, possibly due to heart failure, after 7 to 14 days of sickness.

Control: Silverleaf nightshade is very difficult to kill. Plants can spread by plant propagules, such as by root pieces, by seed or by suckering. It is best to try and treated isolated plants and smaller patches as they appear. Good ground cover and competitive pastures can be a key element in controlling the spread of the plant.

Silverleaf nightshade is also declared as a Weed of National Significance.

Silverleaf nightshade is considered a priority weed in the Lockhart Shire.

For All of NSW: General Biosecurity Duty: All plants are regulated with a general biosecurity duty to prevent, eliminate or minimise any biosecurity risk they may pose. Any person who deals with any plant, who knows (or ought to know) of any biosecurity risk, has a duty to ensure the risk is prevented, eliminated or minimised, so far as is reasonably practicable.

For **All of NSW**: **Prohibition on Dealings**: Must not be imported into the State or sold.

For further information please contact Council's Environmental Officer on (02) 6920 5305 or visit www.dpi.nsw.gov.au/agriculture/pests-weeds/weeds





Sing-a-long with the Wagga City Rugby Male Choir



Hosted by: The Rock Progress Association
For more details: Traci Driscoll - 0428 756 223

SAT 14 DECEMBER | 6 PM | AT THE ROCK
RECREATION GROUND