



LOCKHART SHIRE NEWSLETTER

September 2020



RUN FOR THE ONE YOU LOVE.

Imagine living in a world where prostate cancer is no longer a burden, where side effects are minimal and where all men are well informed and supported. We believe that this world is possible. We hope that you do too, because with your help we will get there sooner.



Every 30 minutes, one of our fathers, sons or brothers will hear the news he has prostate cancer.



1 in 6 men are likely to be diagnosed by age 85.



3,152 men die from prostate cancer each year.



16,700 more are expected to be given a diagnosis over the same period.



WHAT ARE THE SYMPTOMS?

You may have no symptoms, but some symptoms might include:

- Frequent or sudden need to urinate
- Difficulty/discomfort urinating
- Blood in urine or semen
- Pain in the lower back, upper thighs or hips



"When a man receives a prostate cancer diagnosis, his life changes in an instant. Most men and their families have trouble coming to terms with it. But PCFA are with them for the long haul - and that's why I'll be walking 72km with my dogs this September."

Craig, Prostate Cancer Specialist Nurse



About PSA Testing

An elevated PSA level can indicate prostate cancer, but it can also be caused by non-cancerous conditions.



It's vital to note the harms of PSA testing may outweigh the benefits, particularly for men aged 70 and older.



It's important to talk to a doctor about your individual risks of prostate cancer before deciding whether to get a PSA test.



Men with no family history of prostate cancer who decide to have PSA testing generally undergo testing every 2 years from age 50 to 69, depending on any symptoms.

Men with a family history of prostate cancer who have higher risk may commence PSA testing earlier, every 2 years from age 40-45 to 69, with the starting age depending on the strength of their family history and any symptoms.



Prostate Cancer
Foundation of Australia

theLONGrun

THELONGRUN.ORG.AU

Hello everyone.

Firstly let me say that I was honoured to be re-elected for a third term as Mayor of the Lockhart Shire Council and very pleased with the re-election of Cr Greg Verdon as my Deputy. As I have said repeatedly in the past it is a pleasure to work with such a proactive, collegiate Council who are genuinely interested in the Shire as a whole and doing everything possible to improve everything within it.



Very exciting news that work has started on the new observatory at The Rock. This will prove to be a wonderful addition to The Rock as well as a teaching facility for local schools and nearby universities.

At our Council meeting we were addressed by TransGrid representatives on the proposed high voltage line which will pass through our Shire. This line has been of some concern to local farmers whose properties this line will go through. It will also pass quite close to the south of Lockhart which certainly is of concern to residents in Lockhart and we must maintain our discussions with TransGrid to ensure that there is as little disruption as possible to people's livelihoods and daily lives. If you have concerns please raise them with your local State MP Dr Joe McGirr who is very aware of the possible impacts this may have on our community.

Sealing of the Lockhart Showgrounds entry road will have been completed by the time you read this which will further enhance an already very good facility. Cr Verdon commented at last night's Council meeting what a wonderful complex the swimming pool, new playground (all abilities) and football ground has become at The Rock. This is in addition to the Avenue of Honour which has further enhanced the growth of The Rock.

Pleasant Hills residents have been active in the identification and restoration of some unmarked graves and headstones and have so far spent more than \$2,000 as well as time on this process. Council has agreed to reimburse monies so far spent on this project as maintaining this history is very important.

Proposals are currently being invited from several artists for the mural on the Yerong Creek Water Tower and when this project is complete it will add to our own art trail within the Shire linking the water towers in Lockhart, Milbrulong and Yerong Creek.

Road works and road widening on main roads within the Shire has recommenced now that spring has arrived and should deliver much better outcomes for road users locally. Also culverts replacing causeways on the Bullenbung-The Rock Rd and The Rock-Milbrulong Rd will be music to the ears of users of those two roads especially at harvest time.

Finally let me extend my sympathies to the families of Ross Smith and Des Angove both of Lockhart who recently passed. I hope everybody stays safe and well during these magnificent spring days and we will chat again next month.

Cheers Rodg.

Council Snippets 21 September 2020

ENGINEERING & ENVIRONMENTAL SERVICES REPORT

Works Report

Urana Road (MR 59):

Approximately 10.7 kilometres of Urana Road shoulder widening works is completed to date. Council has also completed the table drains, batters, sealing and linemarking. Council is currently supplying glass to stockpile site and extending culverts. Works recommenced on 14 September 2020.

Wattles Lane:

Council has engaged a contractor to complete the survey for this project. The geotechnical investigation and design is scheduled for completion by mid-September.

HVSPP culvert upgrades:

Culverts are installed at Flood Detour Road and Grubben Road. Culverts are delivered to site at Lockhart-The Rock Road and The Rock-Bullenbong Road. Installation of culverts on Lockhart-The Rock Road and The Rock-Bullenbong Road is programmed to start by mid-September with completion at end of October.

MR370 Chambers Lane:

Survey is underway.

Lockhart Showground:

Completed base course for the internal road with sealing scheduled for later in September.

Grading of unsealed roads:

Council is continuing grading in accordance with its 12-month programme and recently completed grading on Soldier Settlement Road, Farralls Lane, Mount Ulva Road, Webbs Lane, Old French Park Bullenbong Road, Shaws Lane, Carnes Lane and Day Street.

Resheeting:

Council completed works on Fletts Road, Cox Lane, Amerys Lane, Hollies Road and Webbs Lane.

Road Safety

A Local Government Road Safety Steering Committee Meeting was held on 3 August 2020. Set out below is the 2020/21 Project Update.

- 65Plus – Investigating caravan information pack.

Council Snippets 21 September 2020

- Learner Driver welcome pack is going well. 10 packs have been delivered with 5 face to face discussions with parents.
- Slow down through town – Continuing on from previous year's initiative using interactive speed boards on trailers. Locations so far have been Green Street Lockhart.
- Picnic Races – Lockhart picnic races have been cancelled. A request has been put forward to Transport for NSW (TfNSW) and Lockhart Picnic Races to run a Facebook competition with picnic set prize.

Fleet

Quotes are being obtained and a tender issued for plant replacement in accordance with Council's adopted 2020/21 budget.

Transport for NSW plans to use the Lockhart Shire Council depot for vehicle inspections under the Heavy Vehicle Inspections Scheme from Monday 28 September to Friday 2 October.

Biosecurity and Environment

Weeds:

Priority was given to the control of African boxthorn (*Lycium ferocissimum*), Bridal creeper (*Asparagus asparagoides*), Horehound (*Marrubium vulgare*) and Wild radish (*Raphanus rapanistrum*) on roadside reserves and council managed lands.

Common White Snail Baiting Program:

Snail baiting application occurred on Fairview Lane on 18 August.

Parks and Gardens

Parks and Gardens:

Winter pruning and fertilizing of roses were conducted. Irrigation systems are checked and maintained for the spring growth season. Routine garden maintenance is conducted including regular weeding, spraying, pruning and mulching.

Mowing and Slashing:

The Spring mowing schedule is in full swing after recent rain and warmer temperatures. Recent frosts are still slowing growth of irrigated lawns. Mowing is scheduled as required but will soon be increased to fortnightly as temperatures increase.

Council Snippets 21 September 2020

Weed Control:

Regular spraying and weeding of winter weeds will continue in urban areas. Spraying lawns for broadleaf weeds, especially clover is also conducted.

Trees:

The watering of street trees planted last season will soon commence.

Several large old peppercorns were removed at Pleasant Hills due to major limb failures in recent years and their general poor condition. Some smaller, lower risk peppercorns that are also in very poor condition and are not aesthetically pleasing will also be removed to make way for a suitable substitute to be planted in Autumn.

CORPORATE & COMMUNITY SERVICES REPORT

Rates

Ratepayers are reminded that the first instalment of 2020/21 rates and charges is due on 30 September 2020.

Grant Opportunities

The following grant opportunities are currently open. Community organisations should check the relevant websites for program guidelines and eligibility criteria.

Riverina Water Community Grants

<https://www.rwcc.nsw.gov.au/community-education/grants-donations-sponsorship/grants/>

TransGrid Community Partnerships Program

<https://transgrid.com.au/being-responsible/community-partnership-program/Pages/default.aspx>

Inland Rail Community Sponsorships and Donations

<https://inlandrail.artc.com.au/sponsorships>

RATES NOTICES

The first instalment is due 30 September 2020.

ONE FREE MEAL

Meals on Wheels help to make it possible for either you or one of your family members to stay home where you're happiest and can maintain independence.

We at Valmar are offering you, if you are 65 years and over, a free trial of a main meal of your choice to see if you would like to receive these meals on a regular basis. Meals will be delivered to your home if you reside in the Lockhart township only. Meals on Wheels in Lockhart is a great service especially now when you maybe isolating with Covid 19 or generally not feeling up to cooking a meal or perhaps just wanting to stock up your freezer.

We deliver at no extra cost a nutritious meal, with a friendly check of a client's wellbeing. Our meals are supplied by My Chef in Wagga and Snowy Mountain Catering in Tumut.

We can offer soup, petite or main meal and/or a dessert. Call into our office and talk to Julie or ring the office on 0269204162 to arrange your free meal and see what range we have to offer or pick up our generous menu order.

"NEW OFFER"

Currently we are in the process of gauging interest, in delivering a fresh home cooked hot meal twice weekly at a cost of \$7.00 per meal. To receive this offer you need to be 65 years and over and reside in the Lockhart township. We are open to any input that you may have into this new offer.

Please do not hesitate to contact Julie on 0269204162 or 0439409637 to be added to the list of people wishing to take up this offer.





FOR RENT—YOUTH FLAT

Exclusive to our community's youth*, the Council owned and maintained flats in Drummond Street LOCKHART tick all the boxes for tenants:



- ✓ **INDEPENDENCE:** One bedroom self-contained flats with reverse cycle air-conditioning
- ✓ **LOW COST LIVING:** Only \$90 per week or even less for Apprentices, Trainees or those who qualify for Rental Assistance
- ✓ **LOW MAINTENANCE:** Lawns & gardens maintained by Council
- ✓ **AMENITIES INCLUDE:** A carport & clothes line per flat, Council provides each tenant with a refrigerator & washing machine where required.

*Flats are available for youth gaining employment in Lockhart Shire
For enquiries, or to arrange inspection please call Council on 0269 205 305



Open Wednesday, Thursday & Friday

8am – 3.30pm

Expressions of interest now open

Phone Kerri 69 205 156 or email

director@lockhartpreschool.com.au

The Rock Central School

is now taking enrolments for

Kindergarten

for 2021

Do you have a child,
or someone you know has a child,

turning 5

before 31st July, 2021

please contact

The Rock Central School

on

Ph: 69 202132

or

Email: therock-c.school@det.nsw.edu.au

to enrol

Lockhart Caravan Park



Situated in Green Street, the caravan park is just 100 metres from the shopping area and within easy walking distance to all facilities.

There are 21 sites, three unpowered and eighteen powered sites.

Three Cabins, which can accommodate up to 8 people, are also available.

A modern camp kitchen is available as well as showers, toilets and a peaceful location.

Important COVID information

There are a few rules to be followed

You must call the manager before setting up .

You must sign a form with 3 simple questions (this is set under guidelines from NSW GOV)

You will be given a booklet with all information you need and what is required in the park

Booking is the best option at the moment due to COVID limits.

Amenities are open, bbq area is limited to 4 in there at any one time

**Contact the Manager on
0458 205 303**



MOBILE LIBRARY TIMETABLE

October 2020

Lockhart

6th, 13th, 20th & 27th

9am - 12.30pm

Milbrulong

1st, 15th & 29th

9am - 10am

Pleasant Hills

12th & 26th

1.15pm - 2.30pm

Yerong Creek

14th & 28th

3pm - 4pm

The Rock

1st, 15th & 29th

10.30am - 12.00pm

www.rrl.nsw.gov.au

PLEASANT HILLS PRESCHOOL

Open Tuesday & Wednesday

8.30AM – 4.00PM

For children aged 3 – 5yrs

As little as \$10 per day

For more info contact Megan 6929 6407 or

(M) 0407 492 062

Email: phpreschool@gmail.com



Kenyal Krafters Inc

The Rock Craft Shop

CWA Rooms, 128 Urana St, The Rock

Open Wednesday to Sunday 10am to 2pm

Selling a large variety of locally made items including: Free range eggs, jams, relish, pickles, baked goods, hand painted gifts, baby wear, children's' clothing, toys, quilting and patchwork, knitted and crochet items, kitchen and bathroom accessories, ladies bags, jewellery, scarves, aboriginal artwork.

Our association was formed to provide opportunities for crafters within the Riverina area to connect with others, grow their home based businesses and promote hand made local products. If you would like to become a member, applications forms are available from the Craft Shop. All welcome. Call Joy Schultz 0428566902, Wendy Flory 0429637313 or Chris Makeham 0448570227

Brookong Nook CRAFT SHOP

Stocking homemade local wares, jams, pickles, relishes, butters, local honey, eggs, olive oil & goat soap. Mouth watering, home baked apple or apricot pies, small tarts, biscuits, slices and mixed fruit cakes. A large array of handcrafted knitted and sewn items. Great place for that special gift at reasonable prices



The Street Library Although lots of things are not operating or only for reduced hours, the Street Library is operating very successfully with good turn over of reading material for all ages. Have you visited it recently and did you discover a new author. Any enquiries, please contact Lorraine Hoffmann on 69206233 or 0427204051.

October School Holidays

The School Holidays are coming up quick! We are super excited to announce our School Holiday event for this year... Fitness, Wellness and School Packs!

We are creating three different packs for you all so you can choose which one is going to benefit you the best. The fitness packs will include a yoga mat, drink bottle skipping rope, etc. to keep your fitness goals on track, the Wellness packs will have face masks, healthy treats and other goodies to help with your self-care and the school pack will be filled with everything you could need to smash your study and homework goals.

There will be promotional material coming around soon with all the details on where to pick the packs up from so keep an eye out for that!

Youth Advisory Committee

We are looking for some new members for our two Youth Advisory Committees which are based at Lockhart Central and The Rock Central Schools.

The Youth Advisory Committee or YAC plays an important role in assisting Council to develop initiatives and projects for young people living in the Lockhart Local Government area. The YAC meets regularly to discuss issues, express views and contribute to the development of the local Lockhart Shire community.

The Committee –

- Has the opportunity to influence decisions made by council that affect young people;
- Organises and participates in youth activities and events such as youth week;
- Contributes to important community development projects affecting young people; and
- Informs council on issues that are important to young people

If you think the Youth Advisory Committee would be for you please inform the teachers at your school.

Help for the HSC

HSC are just around the corner but there are plenty of resources out there to help you with your studies. The Riverina Regional Library Website has a whole section just for HSC students, in there you will find exam advice videos, links to the Board of Studies, past exams and papers and lots of wonderful reading and texts to help support your studies.

Jump online and have a look to boost your studies!

LOCKHART AMATEUR SWIMMING CLUB INC (LASCI) 2020/21

Sun = Swim = Fun = Learn = Friendship = Personal Best = LASCI

We invite you to come & join your local Swim club LASCI commencing from 27th October 2020. LASCI aims to promote swimming in an enjoyable environment.

Tuesdays: **Junior Swim Club 4** to 4.30pm

Lap Swimmers 4.30 to 5.30pm (Point Score)

Thursday: **Lap Swimmers** 5 to 6pm (Training)

Sunday - **Lap Swimmers** 11am -12 (Laps)



Junior Swim Club (3+ years) - water confidence building, games & stroke development. (Prior swimming lessons a prerequisite).

Lap Swimmers (all ages) - improving strokes, techniques and personal best times.

Come & trial the first 3 sessions (27th/29th October & 1st November).

Registration details to come. For more information contact Penny Lane 0407753431, Morgaine Wilesmith 0423188660 or Mandy Bowyer 0427205529.

**LOCKHART MEMORIAL HALL
HALL HIRE**

FULL DAY	\$200.00
HALF DAY	\$115.00
NIGHT	\$200.00

**ALSO AVAILABLE FOR HIRE:
Tables & Chairs**

Please contact Lockhart Shire Council
Phone: (02) 6920 5305

**THE ROCK TOWN HALL & MUSEUM
AVAILABLE FOR HIRE**

Use our history display panels as a talking point for your next function

FULL DAY	\$200.00
HALF DAY	\$100.00

Some or all of the exhibits may be removed on request.

For information contact:

Nancy Smith (Secretary) 0427692020

[https://www.facebook.com/
TheRockHallMuseum/](https://www.facebook.com/TheRockHallMuseum/)



**The Rock Op-Shop has Re-Opened 7 Days a week
Contact Lynly Boyle 6920 1522**

Economic Development

New Business– Tyres for Buyers

Lockhart Shire welcomed a new business on the 14th September 2020. Tyres for Buyers have now opened in Lockhart servicing the whole Shire and surrounding areas. Offering a wide range of brands at competitive prices, all residents are encouraged to support Tyres for Buyers in their new location next to Lockhart Roadhouse, 57 Urana Street, Lockhart. Current opening times are Monday – Friday from 8.30am to 5pm (looking to open on Saturday in the near future) or by phoning 0456 496 588

Houses for lease

Currently there is a shortage of homes/units to lease in Lockhart, if you have a place that is empty and wish to lease please advise any real estate agent of your choice in the region or contact Matt Holt – Tourism and Economic Development Officer – mholt@lockhart.nsw.gov.au

Shopping Survey

Lockhart Shire Council together with the Wagga Wagga Businesses Enterprise Centre will be inviting all residents to provide feedback through an online survey on the topics of shopping. Questions will cover topics like, what items would you like to buy locally, how much do you shop online, to what hours do you like to shop or have a coffee. The Survey link will be available online through Councils website and Facebook Page.

THE ROCK & DISTRICT MENS SHED

Ford Street THE ROCK 2655

THE ROCK & DISTRICT MEN'S SHED

MEETS EVERY WEDNESDAY

FROM 8.30AM TO APPROX 3PM

\$6 INCLUDES MORNING TEA & LUNCH

BRING YOUR OWN PROJECTS AND IDEAS

OR JUST JOIN IN THE CONVERSATIONS

COME AND JOIN US

CONTACT NUMBERS

Bob President 0428 695 913

Chris Secretary 0404 914088



Open Monday – Friday 8am-3:30pm

95 King Street The Rock

Phone 69202455 or

email therockps@gmail.com

Friday is now open to children attending school in the following year only. It creates a smooth transition to school process for the children.



LFNC AGM

Tuesday 27th October 2020

7.30pm at Lockhart Ex-Servicemen's Club

All Lockhart Football Netball Club Members welcome!

*Due to Covid-19, 2020 Membership \$10/pp
allowing you to vote.*

Next Council Meeting Monday 19 October 2020



**Notice is given that Council's Meeting for October will be held in the
Council Chambers, Green Street, Lockhart, commencing at 5.00pm**

Newsletter Deadline

All articles for the next Newsletter need
to be received no later than 4pm on:

Friday October 16, 2020

Placement of articles is subject to
available space.

Ph: (02) 6920 5305

Fax: (02) 6920 5247

or mail@lockhart.nsw.gov.au

BUILD YOUR DREAM HOME

TOWN AND LIFESTYLE BLOCKS FOR SALE IN LOCKHART & THE ROCK

AVAILABLE SERVICES

ELECTRICITY
WATER
PHONE
SEWER



CALL JOHN MOONEY REAL ESTATE - 02 69 211255



ONLINE Business Directory

*Find information on local businesses in and
around Lockhart, The Rock, Pleasant Hills
and Yerong Creek quickly and easily at*

lockhartshirebusinessdirectory.com.au

School News

The Rock Central School - Secondary Mathematics

Stage 5 students have been out and about using trigonometric ratios and bearings to calculate sides of a triangle



Stage 4 Students have been looking at area of plane shapes.



Food Technology - decorating cocktails



School News

Lockhart Central School - Aboriginal Cultural Day

On Wednesday the 26th of August, students in year 7-10 participated in a day learning about Aboriginal Culture from our special guest, Mark Saddler. Students really enjoyed this day and learnt a lot about our local Wiradjuri land. I would like to say a very big thank you for all of the staff who helped out on the day and especially to our students who participated respectfully on the day.

Miss Owen - Aboriginal Studies Coordinator



In the classroom

In Mandatory Technology for Years 7 and Year 8 we have several projects on the go. We have a worm farm and learning what worms need to grow. This week our box of mushrooms have started to grow real mushrooms. We are preparing a small garden near our classroom to plant our snow peas which we have grown from seeds and they are nearly ready to transfer to the garden.

Something very exciting is that we have eggs in the incubator. We have had to turn them twice a day the same as a mother hen would. Josh Reed has been taking them home at the weekend to care for them. Twenty one days is up next week and we are hoping for lots of baby chickens.



Mrs Driscoll

Building & Planning

APPROVED DEVELOPMENT APPLICATIONS

Pursuant to Section 4.59 of the Environmental Planning and Assessment Act, 1979, the following development applications were approved by Council during the month of August 2020. The below consents are available for public inspection at Council's Administration Office, 65 Green Street, Lockhart, between 9am and 4.30pm weekdays.

Peter Veneris,
General Manager

DA No	Development	Site of Development
6/21	New colorbond detached shed	116 Lockhart Kywong Rd, Lockhart
8/21	Alterations & Additions to existing shop	129 Green St, Lockhart
10/21	Two farm sheds	4353 Boree Creek Rd, Cullivel
11/21	New dwelling	24 Carson Rd, The Rock
13/21	New colorbond detached shed	9A Milne Rd, The Rock
15/21	Repair Verandah Posts	134 Green St, Lockhart

DEVELOPMENT APPLICATION PRE-LODGEEMENT APPOINTMENTS



If you are considering a new build or extension in Lockhart Shire, it is highly recommended that, prior to lodging your development application, you book an appointment with Council's Building and Planning team.

Pre-lodgement appointments are a great way to go through your application with Council's staff, and can speed up the application process by ensuring that all supporting information is supplied together at the time of lodgement.

To book a pre-lodgement meeting, contact Council's Environmental Services team during normal business hours on (02) 6920 5305.

Building & Planning

PLANNING MATTERS AVAILABLE ONLINE

Council is now able to notify the community of local planning matters online, to ensure the public receives the most accurate and up-to-date information during the COVID-19 pandemic. Visit the 'Building and Development' page of Council's website to view development applications and other planning matters that are currently under exhibition:

<https://www.lockhart.nsw.gov.au/development/building-development.aspx>

Local Church Services 2020

Lockhart Uniting Church Services

Services are not resuming at this stage.

If there are any pastoral concerns, please contact Lorraine Hoffmann on 0427 204 051 or Dorothy Creek on 0427 207 233

The address for the Riverina Presbytery website is <https://riverina.unitingchurch.org.au> There are several options for Sunday worship and some of them can be accessed at any time.

ANGLICAN CHURCH OF AUSTRALIA

Diocese of Riverina Parish of Lockhart

St Aidan's Lockhart

Cnr Day & Drummond Streets
Lockhart

Worship: Friday 10am &
Sunday 9.00am

Diocesan website:
www.anglicanriverina.com/

Christian Radio in Lockhart 87.6 Tune every day



Our Services delivery areas encompass the Lockhart & Federation Shires. For further classification of service provision in what areas and for any queries please contact Lockhart on **02 6920 4162**

The following services Valmar Support Services

◆ Home Care Package Provider
◆ Individual & Group Social Support
◆ Home Modifications
◆ Meals on Wheels
◆ Domestic Assistance
◆ Community Transport
◆ Personal Care
◆ Flexible Respite
◆ Craft Group– 10am-12pm
◆ Day Club– Tuesdays 10am-3pm
◆ Home Maintenance
◆ Brokered Services NDIS

offer are:

We also offer a Weekly Bus Service to Wagga each Wednesday.

Social bus Trips each Friday .

Contact 02 6920 4162



**The Rock & District
Meals on Wheels
Association Inc.**

Help support your local Meals on Wheels Service

Everyone can assist us, just by having a conversation with a neighbour living alone, parents or grandparents or with the person with time on their hands. We offer freshly cooked hot meals daily, an extensive frozen meal menu, prepared locally in Wagga, centre based meals twice a week as well as outings, entertainment and various activities to people over 65.

Social club operates every Tuesday and Thursday from 10 am till 3pm at the Rock Memorial Bowling Club

***For further details please contact
Vicky
6920 2500***

The Tai Chi ladies have become a Friendly Walking Group on Monday mornings for September and are hoping to resume Tai Chi in October.

For further information please contact Lorraine Hoffmann on 0427204051.

Health & Associated Services



Do you need a Community Health Service?

You can now access Community Health Services such as:

- Community Nurse
- Child and Family Health Nurse
- Generalist Counsellor
- Occupational Therapist
- Dietitian
- Physiotherapist
- Speech Pathologist
- Palliative Care Nurse
- Diabetes Educator
- Chronic Care

By calling one number the health professional on the end of the line will help you access the service you need.

Call 1800 654 324
(1800 MLHD CH)



Health
Murrumbidgee
Local Health District

CW11596_06/17

Murrumbidgee Primary Health Network provides a counselling service on the 2nd and 4th Tuesday of each month at the Lockhart Hospital. Referrals are required, please call Lockhart Medical Practice to arrange your referral. 69205249

Australian Unity Home Care Service **HCP Packages** **NDIS Service**

- Domestic Assistance
 - Personal Care
 - Respite Service
 - Social Support
 - Brokered Service
- Call 1300 296 835

X-RAY SERVICE

X-ray services are available every second Friday at Lockhart & District Hospital. A referral from the doctor is required. For appointments phone 6930 7100

OPTOMETRIST

Russell and Chalker Eyecare Plus visit Lockhart regularly for comprehensive consultations including glaucoma testing, cataract assessments, macular degeneration. Adults and children's assessments, and Veteran's Affairs patients welcome. Spectacle frames available. For Appointments Phone: (02) 6921 8833.

Council Waste Disposal Centres Opening Hours

	Each TUESDAY	Each WEDNESDAY	SUNDAYS IN OCTOBER (4th & 18th)
Lockhart		8.30am - 10.30am	8.30am - 11.30am
The Rock		1.00pm - 3.00pm	1.00pm - 4.00pm
Yerong Creek	1.30pm - 3.30pm		
Pleasant Hills	10am - 12pm		



Lockhart Lions Club Recycling

Location: Next to Uncle Toby's Shed on the northern side of railway line.
Entry from Brookong Street.

Opening Times: Daylight Hours, Seven days a week

Items Received: Paper/Magazines, Books (including phone books), Cardboard, Aluminium cans, Plastic bottles (rinsed) and any type of motor vehicle batteries (truck, car, tractor etc).

UNFORTUNATELY, WE ARE NO LONGER ABLE TO ACCEPT PLASTIC WRAP OR PLASTIC BAGS

Unacceptable Items:

Wax-coated cartons, Polystyrene, Light bulbs, Fluorescent tubes, Window glass, Heat-treated glass, Steel cans or drums and plastic bags or wrap.

To make our job easier, please use receptacles provided.

Thank you for supporting the Lions Club

COMMUNITY RECYCLING CENTRE

Strapped for cash? Looking to tidy up your garage or shed?

There is a wide range of items that you can take to the Lockhart Community Recycling Centre (CRC) for free! Motor oil, paint, televisions and computers, batteries and old fire extinguishers & green waste are all accepted free of charge at the Lockhart CRC.

You can also drop off unwanted items that are too good to throw away, by delivering them to the Lockhart Re-use Shop, during normal tip opening hours.

For more information on waste and recycling in the Shire, visit our webpage at <http://www.lockhart.nsw.gov.au>

SILVERLEAF NIGHTSHADE



Solanum elaeagnifolium

Other common names: White horse nettle, Tomato weed, White nightshade, Bull-nettle, Prairie-berry, Stansbos, Silver-leaf Bitter-apple, Silver-leaf nettle, Trompillo, Silver nightshade, and Silver-leaved nightshade.

Description: A deep rooted summer-growing perennial plant from the tomato family Solanaceae, native of North and South America. It is an erect, perennial, bushy plant growing 30 to 100 cm high. Seedlings emerge at any time from late spring until autumn, depending on rainfall. Stems are erect, branched, densely covered in fine hairs and with numerous slender orange prickles.

Leaves: Silvery white underside due to dense cover of minute white hairs, alternate, 5-10cm long and 1-2cm wide. Leaf margins are often scalloped, and often with orange prickles on the veins.

Flowers: Usually purple to violet, occasionally white, 2.5-4cm wide, with five pointed petals, and five yellow anthers which are 7-9 mm long. Flowers from November to April.

Seed/Fruit: The fruit is a smooth globular berry about 6-12mm in diameter. Initially green with dark striations, changing to yellow and orange mottled and becoming wrinkled when ripe. Seed is spread by birds, water, and livestock, particularly sheep.

Root: Deep, much branched, vertical and horizontal roots, bearing buds which produce new aerial growth each year.

Toxicity: Stock poisoning from alkaloids contained in the silverleaf nightshade has occurred, but this is uncommon. Only moderately palatable to stock although it is toxic to eaten. Ripe fruit are the most poisonous part of the plant. Symptoms include profuse diarrhoea and profound nervous depression. There can be significant weight loss and eventually death, possibly due to heart failure, after 7 to 14 days of sickness.

Control: Silverleaf nightshade is very difficult to kill. Plants can spread by plant propagules, such as by root pieces, by seed or by suckering. It is best to try and treated isolated plants and smaller patches as they appear. Good ground cover and competitive pastures can be a key element in controlling the spread of the plant.

Silverleaf nightshade is also declared as a Weed of National Significance.

Silverleaf nightshade is considered a priority weed in the Lockhart Shire.

For **All of NSW: General Biosecurity**

Duty: All plants are regulated with a general biosecurity duty to prevent, eliminate or minimise any biosecurity risk they may pose. Any person who deals with any plant, who knows (or ought to know) of any biosecurity risk, has a duty to ensure the risk is prevented, eliminated or minimised, so far as is reasonably practicable.

For **All of NSW: Prohibition on Dealings:**

Must not be imported into the State or sold.

For further information please contact Council's Environmental Officer on (02) 6920 5305 or visit www.dpi.nsw.gov.au/agriculture/pests-weeds/weeds

Milbrulong Water Tower.
Artists: Scott Nagy &
Krimson



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